



Common Sense Parenting

STARTING APRIL 6, 2021
TUESDAYS | 6-8 PM
COST: \$25.00/FAMILY*
Scholarships Available

VIRTUAL WORKSHOP

Ardent Solutions is proud to present Boys Town's Common Sense Parenting® program. The 6-week parenting class teaches easy-to-learn techniques to help parents with common problems when raising children ages 6-18.

This class meets once a week for two hours for six weeks. The class covers the following:

- **Parents as Teachers** — Shows parents how to teach children self-discipline.
- **Effective Praise** — Helps parents encourage positive behaviors by responding enthusiastically and sincerely.
- **Preventive Teaching** — Enables parents to teach children what they'll need to know in future situations, as well as practice using the skill.
- **Corrective Teaching** — Responds to children's problem behaviors with teaching and practicing acceptable alternatives. Parents will be able to adhere to a staying-calm plan for when they become upset with their children.
- **Teaching Self-Control** — Teaches a skill parents can use to allow children time to calm down and remain calm in future situations.
- **Putting It All Together** — Helps parents develop a parenting style to improve relationships with their children.

Pre-registration is required no later than March 30, 2021, by calling Robin Fuller, Certified Facilitator, at 585-648-6022 or by email at fullerr@ardentnetwork.org